STANDARD TREATMENT WORKFLOW (STW)

Acute Urinary Retention in Men (AUR)

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Standard Treatment Workflow (STW) for the Management of ACUTE URINARY RETENTION IN MEN (AUR)

ICD-10-R33.9

**DEFINITION:**
Emergency condition characterized by a sudden and painful inability to void voluntarily despite having a full bladder

**HISTORY**
- Nature and duration of urinary symptoms prior to AUR
- Associated symptoms like fever, weight loss, sensory loss or weakness of lower limbs
- Past history of retentions
- Rule out precipitating causes like diabetes mellitus, alcohol consumption, recent surgery, UTI, constipation, cold exposure, prolonged travel and neurological conditions
- Medication history
- Look for risk factors

**EXAMINATION**
- Fever
- Enlarged tender palpable bladder dull on percussion
- Phimosis, meatal stenosis, urethral induration, stone, urethral discharge
- DRE for estimating prostatic size, consistency, tenderness; exclude fecal impaction
- Focused neurological examination- anal tone, perianal sensation and bulbocavernous reflex