STANDARD TREATMENT WORKFLOW (STW) Neonatal Transport

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Standard Treatment Workflow (STW)

NEONATAL TRANSPORT

INDICATIONS FOR TRANSPORT IN NEONATES **REFERRAL TO HIGHER CENTRE** Any newborn who is assessed by the Health Care Provider as sick and needs referral NBCC/NBSU TO SNCU **SNCU TO NICU** Birth weight <1800 grams and/or gestational age · Birth weight <1000 grams and/or gestational <34 weeks age < 28 weeks Neonates with: Neonates with: Apnea or gasping Respiratory distress with retractions or grunt, or - Respiratory distress requiring mechanical not maintaining $\mathsf{SpO}_{_2}$ with oxygen ventilation Persistent Hypothermia or Hyperthermia Severe jaundice requiring intensive phototherapy Vomiting or abdominal distention - Unresponsive shock - Jaundice requiring exchange transfusion, if facility is not available Central cyanosis Need of positive pressure ventilation>60 seconds - Refractory seizures at birth - Need for surgical intervention Non-passage of stool or urine for more than 24 - Birth asphyxia qualifying for therapeutic hours after birth hypothermia Shock (Cold periphery with CFT > 3 seconds, and weak/fast pulse) - Multiorgan failure Refusal to feed, less movement, abnormal - Refractory hypoglycemia Acute kidney injury needing dialysis Significant bleeding **PREPAREDNESS AND PRE-TRANSPORT STABILIZATION**

 Identify and communicate with the referral facility Check availability of the services and bed in the referral facility (e.g. Ventilator) • Explain the condition of the patient, need for transport

to higher facility, the expected plan and prognosis to the family

Discuss with parents the possible expenses
Take informed consent of the parents prior to transport

CFT: Capillary filling time

ET: Endo tracheal

ICD: Intercostal drain

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- Share the contact numbers of both referring and the
- receiving facility including the concerned doctor

Enclose (1) Complete summary (2) All investigations
(3) Mother's blood sample
Identify the transport team with appropriate skilled

- persons Ensure the logistics and the vehicle are organised If shock present - start treatment before transport
- All doses of antibiotics and drugs should be timed prior Check temperature and blood glucose prior to transport
- Ensure clear airway, appropriate respiratory support and secure IV access

MONITORING AND MANAGEMENT DURING TRANSPORT **MONITORING DURING TRANSPORT** MANAGEMENT DURING TRANSPORT Maintain temperature and warmth (incubator / clothing / Kangaroo Mother Care) · Parameters to be monitored: Temperature, Heart rate, Respiratory rate, Air entry, SpO₂, GI Position, clear the secretion and assess for need of Aspirates, Position of tubes (ET, OG, Catheter, ICD, intubation IV cannula), Ventilator/ Continuous positive Assist with appropriate respiratory support (Oxygen, CPAP, airway pressure (CPAP) settings Neonatal ventilation). Stop the vehicle if needed for urgent Frequency of monitoring: Every 30 minutes care, e.g. intubation depending on the sickness of the baby Manage shock by titrating the fluids and inotropes • Communication: Parents and the receiving Appropriate quantity, frequency and modality of feeding doctor should be informed of any change in the should be followed during transport (preferably condition of the baby by the transport team breastfeeding or expressed breastmilk) TRANSFER (HANDING OVER) TO THE RECEIVING CENTER BY TRANSPORT TEAM Transport team should assist the transfer of the baby to the SNCU/ NICU in the receiving center All the documents viz. discharge summary, The recieving doctor should have investigations, mothers' samples, list of awaited investigations that will be intimated later etc. a one to one should be handed ove discusssion with the handing over Once transferred to the SNCU/ The family should be introduced to the new team NICU bed, the baby should be team in person stabilized by both the teams

ABBREVIATIONS NBCC: Newborn care corner OG: Orogastric NBSU: Newborn stabilization unit NICU: Neonatal Intensive care unit

SNCU: Special Newborn care unit SpO2: Pulse Oxygen saturation

REFERENCE

1. Transport of a sick neonate. Evidence-based clinical practice guidelines. National Neonatology Forum India. Available at www.nnfi.org/cpg

AVOID INVASIVE PROCEDURES DURING TRANSPORT

This STW has been prepared by national experts of India with feasibility considerations for various levels of healthcare system in the country. These broad guidelines are advisory, and are based on expert opinions and available scientific evidence. There may be variations in the management of an individual patient based on his/her specific condition, as decided by the treating physician. Three will be no indemnity for direct or indirect consequences. Kindly visit the website of DHR for more information: (stw.icmr.org.in) for more information. @Department of Health Research, Ministry of Health & Family Welfare, Covernment of India.