

Mental Health of Teenager after Covid-19 Vaccination; Reg No: 382

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ABSTRACT

The COVID-19 pandemic has a significantly impact on the mental health of adolescents contributing increasing anxiety, depression, and loneliness. Vaccination efforts have been among the most significant public health responses, with the potential to affect the mental health of adolescents. This analysis explores the relationship between COVID-19 vaccination and adolescent mental health outcomes. surveyed of 1,000 teens aged group from 13-18 and conducted in-depth interviews with a subset of participants using a mixed-methods approach using qualitative and quantitative. After the survey found that 25% out 1000 were facing anxiety, 25% out 1000 were facing depression and 50% out of 1000 were facing loneliness. Quantitative findings showed that the vaccinated teenagers reported lower levels of anxiety as well as general improvement in mood than their unvaccinated peers indicated, following the vaccination, they may reduce the fear-based perceptions of the virus, therefore boost feelings of safety and feel reunited with the society. Qualitative observations show that most of them have a feeling of empowerment and relief with the vaccine, characterized by good mental health states because of increased social contacts, thus being back to normal again. These anxiety depression and loneliness effect more burden for the teenagers and also may affect on psychological behaviour. Vaccine work effectively on physical health but not much effective for mental health of teenager. By this scenario the case of anxiety, depression and loneliness are increased.

KEYWORDS

Adolescents, Anxiety, depression, social isolation and Vaccination