

STANDARD TREATMENT WORKFLOW (STW)

Uterine Fibroids and Polyps

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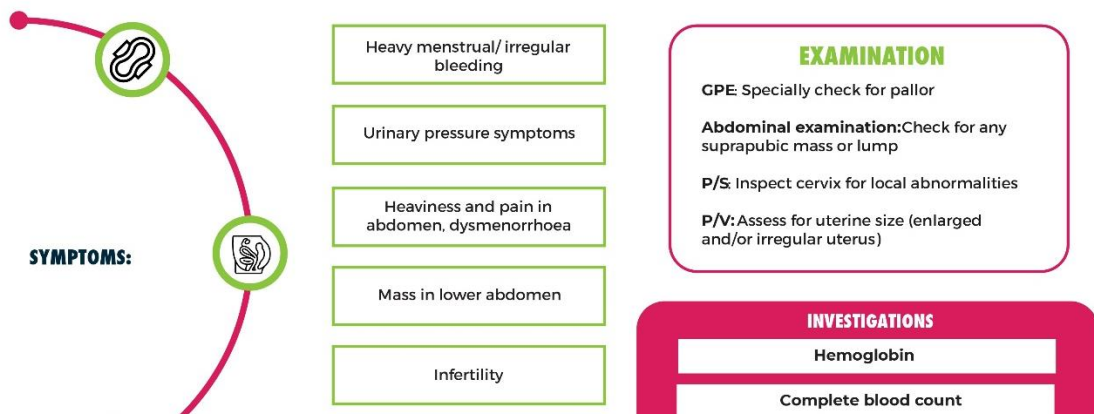
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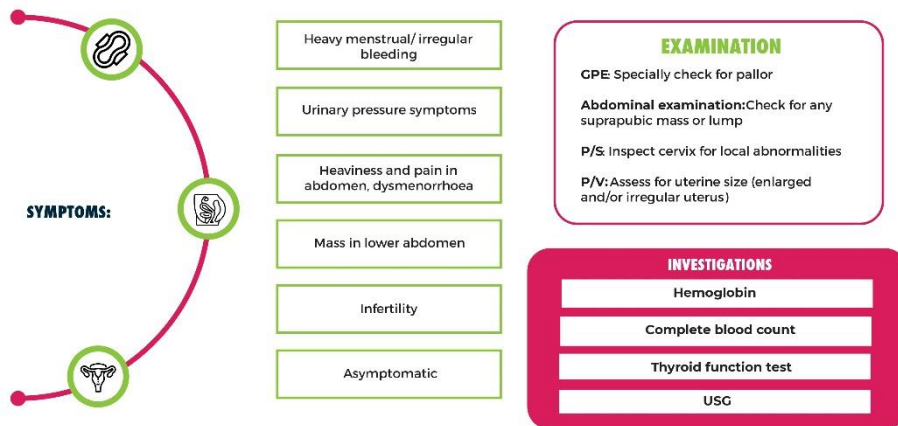
Standard Treatment Workflow (STW) for the Management of UTERINE FIBROIDS AND POLYPS ICD-10-D25 & N84



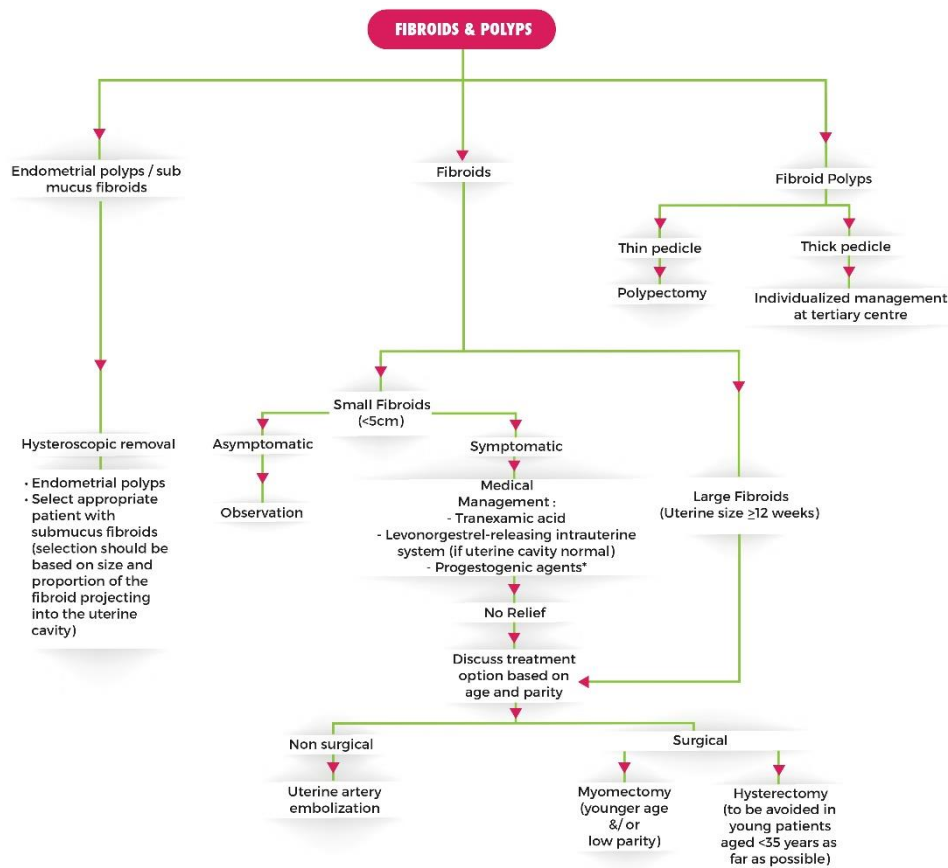
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ASYMPTOMATIC FIBROIDS <5CM DO NOT NEED TO BE TREATED



*Norethisterone (max daily dose 40 mg) OR Medroxyprogesterone acetate (max daily dose 40 mg). Any hormone should be given orally daily in divided doses for a duration of three weeks and repeated in a cyclical manner for total of 4-6 cycles of treatment

ALL THERAPUTIC OPTIONS NEED TO BE EXPLAINED TO THE PATIENT INCLUDING JUST KEEPING THE PATIENT ON OBSERVATION. ALL PATIENTS OF FIBROID UTERUS DO NOT NECESSARILY NEED HYSTERECTOMY.

👉 COUNSELLING IS AN IMPORTANT ADJUNCT TO MANAGEMENT
KEEP A HIGH THRESHOLD FOR INVASIVE PROCEDURES

This STW has been prepared by national experts of India with feasibility considerations for various levels of healthcare system in the country. These broad guidelines are advisory, and are based on expert opinions and available scientific evidence. There may be variations in the management of an individual patient based on his/her specific condition, as decided by the treating physician. There will be no indemnity for direct or indirect consequences. Kindly visit our web portal (stw.icmr.org.in) for more information. © Indian Council of Medical Research and Department of Health Research, Ministry of Health & Family Welfare, Government of India.