

STANDARD TREATMENT WORKFLOW (STW)

Heavy Menstrual Bleeding (HMB)

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Standard Treatment Workflow (STW) for the Management of HEAVY MENSTRUAL BLEEDING (HMB)

ICD-10-H90.5

TO DO AT ALL LEVELS

HISTORY	EXAMINATION	SUPPORTIVE TREATMENT
<ul style="list-style-type: none">• Age• Parity• Detailed menstrual history including irregularities• Other medical illness: thyroid disorder, coagulopathy, jaundice etc• IUCD use• Lactation• Drug intake	<ul style="list-style-type: none">• General Evaluate pallor Calculate BMI• Systemic CVS, RS and hepatosplenomegaly• Local examination (where indicated and feasible) P/S and P/V	<ul style="list-style-type: none">• Reassurance• Hematinics• Tranexamic acid during episode of heavy bleeding

MANAGEMENT OF HMB AT PRIMARY LEVEL



