

STANDARD TREATMENT WORKFLOW (STW)

Psychosis

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CITATION

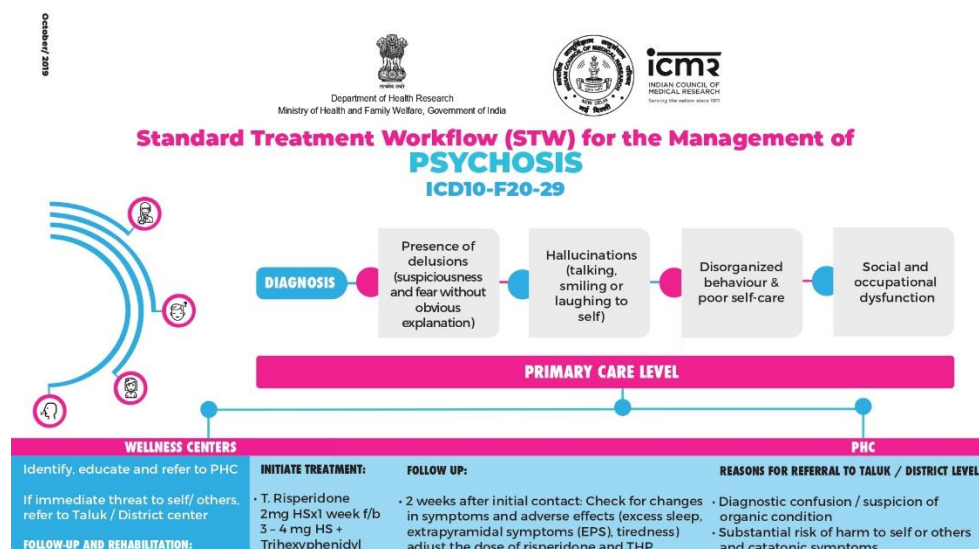
Gangadhar BN, Sharan P, Thirthalli J, Chakrabarti S, Chandra P, Reddy J, Dhawan A, Girimaji S, Vijayakumar L, Jacob KS, Sagar R. Psychosis. Journal of the Epidemiology Foundation of India. 2024;2(1Suppl):S187-S188. DOI: <https://doi.org/10.56450/JEFI.2024.v2i1Suppl.094>

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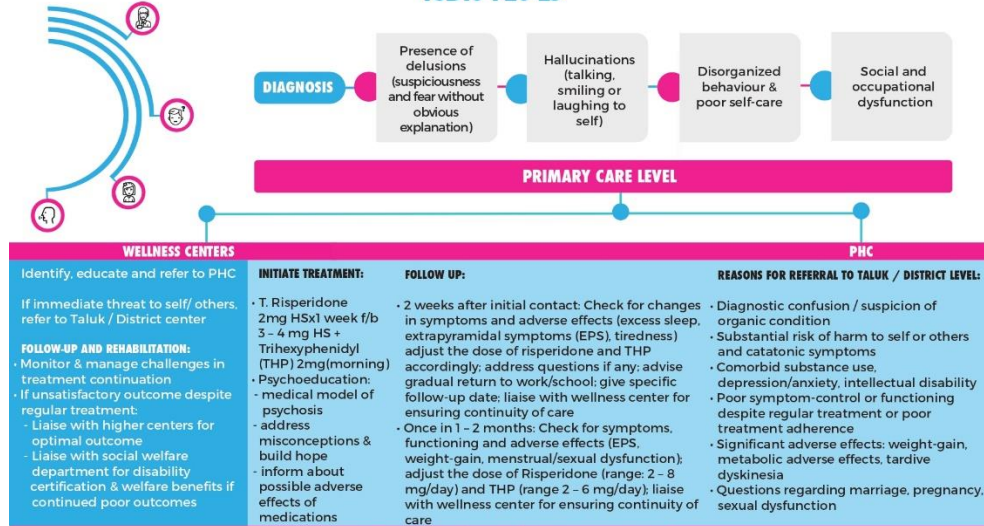
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October 2019

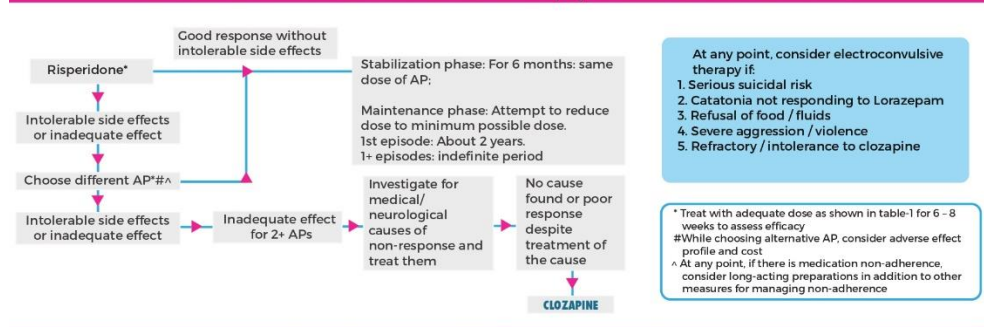
Standard Treatment Workflow (STW) for the Management of PSYCHOSIS ICD10-F20-29



SECONDARY CARE (TALUK/DISTRICT HOSPITALS) #								
INDICATION FOR REFERRAL FROM PHC	Diagnostic confusion	Poor response to Risperidone	Intolerance to Risperidone	Poor adherence to treatment	Comorbid conditions	Challenging situations	Rehabilitation needs	Pregnancy
MANAGEMENT #Encourage follow up in primary care after addressing referral issues * Watch for adverse effects as SSRIs may increase serum levels of antipsychotics	Clarify diagnosis; neuroimaging if organicity is suspected	Positive symptoms: Follow algorithm Negative symptoms: • Rule out or manage depression/anxiety and extrapyramidal symptoms; • Family counseling if understimulated/over-protected • Consider less-sedating antipsychotics and adding SSRIs*	Follow algorithm	• Assessment of factors causing poor adherence & specific management • Consider depot antipsychotics • Liaise with primary care for assertive follow up	• Depression/anxiety: Brief psychological intervention; consider SSRIs* • Substance use: Detoxification and brief interventions (see SUD module) • Developmental disabilities: Behavioral	• Suicidality: - Inpatient care, - Crisis management, - Management of comorbidity; - Consider ECT • Violence: - Verbal de-escalation - IV sedation, - Brief inpatient care	• Assess disability & counsel about welfare benefits • Rehabilitation counseling • Family intervention for expressed emotions and attitudes & behaviors interfering with functioning • Brief interventions for cognitive & social-skill deficits • Address vocational/ educational challenges involving governmental/ non-governmental	• Proactively address sexual and endocrine problems when relevant • Educate about risk of obstetric outcomes, risk of relapse & risk of psychosis in the offspring

TERTIARY CARE CENTERS	
INTERVENTION	CONTEXT IN WHICH USEFUL
Psychoeducation	Poor adherence: high family expressed emotions
Family therapy	High family expressed emotions; family discord
Cognitive remediation	Poor neuro and social cognitive functions
Cognitive behavior therapy	Depression, anxiety, obsessions, persistent psychotic symptoms
Social skills training	Poor social skills
Vocational rehabilitation and supported education	Poor occupational functioning, challenges in studying or getting / pursuing gainful occupation
Day care with interventions including vocational training, recreational activities, living-skill training, etc.	Negative symptoms, poor socio-occupational functioning, combination of other symptoms listed in the table
Interventions for substance-use	Hazardous use of substance or substance use disorder
Pregnancy - puerperium services	Pre-pregnancy, pregnancy and post-partum advise and interventions Pre-pregnancy, pregnancy and post-partum advise and interventions

ALGORITHM FOR CHOOSING ANTIPSYCHOTIC MEDICATION (AP) FOR TREATMENT OF SCHIZOPHRENIA



KEEP A HIGH THRESHOLD FOR INVASIVE PROCEDURES

This STW has been prepared by national experts of India with feasibility considerations for various levels of healthcare system in the country. These broad guidelines are advisory, and are based on expert opinions and available scientific evidence. There may be variations in the management of an individual patient based on his/her specific condition, as decided by the treating physician. There will be no indemnity for direct or indirect consequences. Kindly visit our web portal (stw.icmr.org.in) for more information.
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