# STANDARD TREATMENT WORKFLOW (STW) Varicella & Herpes Zoster

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#### Standard Treatment Workflow (STW)

# VARICELLA & HERPES ZOSTER

## ICD-10-B01-02

## **VARICELLA (CHICKEN POX)**

#### WHEN TO SUSPECT? Fever, malaise

- Generalized vesicular lesions on erythematous base (dew drop on a rose petal sign)
- Skin lesions in different stages of evolution: erythematous
- macules, papules, vesicles and crusted lesions

#### TAKE HISTORY OF

- Recent contact with a patient with varicella
- · Past history of varicella/varicella vaccination
- Immunosuppression (especially if second episode of varicella): malignancy, HIV/AIDS, transplant recipient

#### PREGNANCY AND VARICELLA

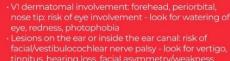
- Infection in 1st 20 weeks may lead to congenital varicella syndrome
- Treat with acyclovir
- Maternal perinatal varicella may lead to neonatal varicella;
- initiate treatment and refer to a specialist

#### HERPES ZOSTER

- WHEN TO SUSPECT? Acute, grouped, vesiculo-pustular eruption in a
- dermatomal distribution Dermatomal pain

#### TAKE HISTORY OF

- Previous varicella
- Previous episode of herpes zoster
- · Immunosuppression: Diabetes mellitus, malignancy, transplant recipient, HIV





This STW has been prepared by national experts of india with feasibility considerations for various levels of healthcare system in the country. These broad guidelines are advisory, and are based on expert opinions and available scientific widence. There may be variations in the management of an individual patient based on his/here specific condition, as decided by the treating physician. There will be no indominity for direct or indirect consequences. Kindly visit the website of DHR for more information: Boepartment of Health Research, Ministry of Health & Family Weifare, Covernment of India.